

LEGACY TERRACE

Activities & Wellness

AUGUST 2010

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
1 1:30 Movie - THE LOCKET (Ch 10) 2:00 Chapel w/ St. Mark's United Methodist Church (AR) 5:30 JAZZ PIANO BY NOLAN GRUNDY (IDR) 5:45 Men's Pool Group (IHS) BRUNCH 11:00-2:00	2 10:00 August Hodgepodge (AR) 11:00 Stretch, Tone & Balance (AR) 1:00 Shop @ RUSS'S MARKET ** 2:00 Keno Dice (AR) 3:00 Games (AR) 5:45 Men's Pool Group (IHS)	3 9:30 Ladies' Pool Group (IHS) 10:30 Music Therapy (AR) 1:00 Pitch (IHS) 1:30 Wheel of Fortune (AR) 2:00 Stretch, Tone & Balance II (FC) 3:00 Games (AR) 3:30 HAPPY HOUR (IHS) 5:45 Men's Pool Group (IHS)	4 10:30 BINGO (AR & IHS) 1:00-3:00 Nail Care (AR) 1:00 Pinochle (IHS) 3:00 Games (AR) 3:00 Shop @ HAVELOCK FARMER'S MARKET ** 5:45 Men's Pool Group (IHS)	5 9:30 Ladies' Pool Group (IHS) 10:30 Bible Study (AR) 10:30 Wii Bowling Training (IHS) 1:00-3:00 PITCH PARTY (IHS) 2:00 Happy Trails (AR) 2:00 Stretch, Tone & Balance II (FC) 3:00 Games (AR) 5:45 Men's Pool Group (IHS) 6:00 Meet & Greet Chad Wright (AR)	6 10:00 Shuffleboard (AR) 11:00 Stretch, Tone & Balance I (AR) 1:00 VAN RIDE TO WILBER ** 1:40 Rosary & Catholic Mass (AR) 2:00 Humble Humor (ST) 3:00 Games (AR) 5:45 Men's Pool Group (IHS)	7 10:30 BINGO (AR & IHS) 1:00 Texas Hold 'Em (IHS) 1:00 Cribbage (IHS) 1:30 Movie - THE READING ROOM (Ch 10) 2:00 Music by CHRIS SAYRE (IDR) 3:00 Games (AR) 5:45 Ladies' Pool Group (IHS)	
8 1:30 Movie - THE READING ROOM (Ch 10) 2:00 Chapel w/ Indian Hills Church (AR) 5:45 Men's Pool Group (IHS)	9 10:00 Flower Brooches (AR) 10:00 IL RESIDENTS' MEETING (IHS) 11:15 AL RESIDENTS' MEETING (AR) 1:30 Movie Premiere - INVICTUS (AR) 3:30 Games (AR) 5:45 Men's Pool Group (IHS) HORSESHOE CASINO TRIP **	10 9:30 Ladies' Pool Group (IHS) 10:30 Lutheran Service (AR) 1:00 Pitch (IHS) 1:30 Sing Along with Sally (AR) 2:00 Stretch, Tone & Balance II (FC) 3:00 Games (AR) 3:30 HAPPY HOUR (IHS) 5:45 Men's Pool Group (IHS)	11 10:30 BINGO (AR & IHS) 1:00 Pinochle (IHS) 2:00 Music by DEL & CAROL WEISS (IDR) 3:00 Games (AR) 5:45 Men's Pool Group (IHS) 7:05 SALTDogs' BASEBALL GAME**	12 9:30 Shop @ WAL-MART ** 9:30 Ladies' Pool Group (IHS) 10:30 Bible Study (AR) 10:30 Wii Bowling Training (IHS) 1:00 Trip to LINCOLN CHILDREN'S ZOO ** 1:30 DIABETES EDUCATION (IDR) 2:00 Stretch, Tone & Balance II (FC) 2:00 Video: The Eagle Soars (ST) 3:30 Games (AR) 5:45 Men's Pool Group (IHS) 6:00 FISHING TRIP **	13 10:00 Brain Balancing (AR) 11:00 Stretch, Tone & Balance I (AR) 1:40 Rosary & Catholic Mass (AR) 2:00 Duh! Game (ST) 3:00 Games (AR) 5:45 Men's Pool Group (IHS)	14 10:30 BINGO (AR & IHS) 1:00 Texas Hold 'Em (IHS) 1:00 Cribbage (IHS) 1:30 Movie - INVICTUS (Ch 10) 2:00 Sun Catchers (AR) 3:00 Games (AR) 5:45 Ladies' Pool Group (IHS)	
15 1:30 Movie - INVICTUS (Ch 10) 2:00 Chapel w/ Indian Hills Church (AR) 4:30 Summer Social (IHS) 5:45 Men's Pool Group (IHS) BRUNCH 11:00-2:00	16 10:00 Hangman (AR) 11:00 Stretch, Tone & Balance I (AR) 1:30 VAN RIDE TO WOODLAND HILLS** 2:00 Travelogue - GERMANY (AR) 3:00 Games (AR) 5:45 Men's Pool Group (IHS)	17 9:30 Ladies' Pool Group (IHS) 10:30 Book Club (AR) 10:30 Old Maid (ST) 1:00 Pitch (IHS) 1:30 Auction (AR) 2:00 Stretch, Tone & Balance II (FC) 3:00 Games (AR) 3:30 NEW RESIDENT SOCIAL (IHS) 5:45 Men's Pool Group (IHS)	18 9:00 PODIATRY CHECKS (NS) 10:30 BINGO (AR & IHS) 1:00-3:00 Nail Care (AR) 1:00 Pinochle (IHS) 3:00 Games (AR) 5:45 Men's Pool Group (IHS)	19 8:00 Men's Breakfast @ HONEY CREEK** 9:30 Ladies' Pool Group (IHS) 10:30 Shop @ DOLLAR TREE** 10:30 Wii Bowling Training (IHS) 10:30 Bible Study (AR) 1:30 Music by WAYNE MILLER (IDR) 2:00 Stretch, Tone & Balance II (FC) 3:00 Games (AR) 5:45 Men's Pool Group (IHS)	20 10:00 Cookie Decorating (AR) 11:00 Stretch, Tone & Balance I (AR) 1:40 Rosary & Catholic Mass (AR) 2:00 Terrace Tea (ST) 3:00 Games (AR) 5:45 Men's Pool Group (IHS)	21 FAMILY PICNIC 11:00am-3:00pm (THROUGHOUT THE FACILITY) 1:30 Movie - THE INHERITANCE (Ch 10)	
22 1:30 Movie - THE INHERITANCE (Ch 10) 2:00 Chapel with Lincoln Christian Fellowship (AR) 5:45 Men's Pool Group (IHS)	23 10:00 Unruly Art (AR) 11:00 Stretch, Tone & Balance I (AR) 1:30 Shop @ HY-VEE ** 2:00 Cook's Corner (AR) 3:00 Games (AR) 5:45 Men's Pool Group (IHS)	24 9:30 Ladies' Pool Group (IHS) 10:30 Are You Smarter Than a 5th Grader? (AR) 1:00 Pitch (IHS) 1:30 Palindrome Day (AR) 2:00 Stretch, Tone & Balance II (FC) 3:00 Games (AR) 3:30 HAPPY HOUR (IHS) 5:45 Men's Pool Group (IHS)	25 9:00 PODIATRY CHECKS (NS) 10:30 BINGO (AR & IHS) 1:00 Pinochle (IHS) 2:00 A Day at the Fair Birthday Party (IHS) 3:00 Games (AR) 5:45 Men's Pool Group (IHS)	26 9:30 Ladies' Pool Group (IHS) 10:30 Wii Bowling Training (IHS) 10:30 Bible Study (AR) 2:00 Edible Art (AR) 2:00 Stretch, Tone & Balance II (FC) 3:00 Games (AR)	27 10:00 Table Tennis (AR) 11:00 Stretch, Tone & Balance I (AR) 1:40 Rosary & Catholic Mass (AR) 2:00 I Love Lucy Video (ST) 3:00 Games (AR) 5:45 Men's Pool Group (IHS)	28 10:30 BINGO (AR & IHS) 1:00 Cribbage (IHS) 1:00 Texas Hold 'Em (IHS) 1:30 Movie - THE WOOL CAP (Ch 10) 2:00 Music by BROADWAY BILL (IDR) 3:00 Games (AR) 5:45 Ladies' Pool Group (IHS) 7:05 SALTDogs' BASEBALL GAME ** GOODWILL PICKUP **	
29 1:30 Movie - THE WOOL CAP (Ch 10) 5:45 Men's Pool Group (IHS)	30 10:00 Family Feud (AR) 11:00 Stretch, Tone & Balance I (AR) 1:30 Shop @ SCHWESER'S ** 2:00 Current Events (AR) 3:00 Games (AR) 5:45 Men's Pool Group (IHS)	31 9:30 Ladies' Pool Group (IHS) 10:30 Ladies' & Men's Coffee (IHS) 1:00 Pitch (IHS) 1:30 HUSKER FEVER SOCIAL HOUR (AR) 2:00 Stretch, Tone & Balance II (FC) 3:00 Games (AR) 3:30 HUSKER FEVER HAPPY HOUR (IHS) 5:45 Men's Pool Group (IHS)	Please sign up at the front desk for all activities marked with **		ACTIVITY LOCATION KEY AR - Activities Room NS - Nurse's Station ST - South Terrace RR - Renaissance room IDR - IL Dining Room IHS - Iron Horse Saloon	MASSAGES Thursdays 6:30-9:00pm Fitness Center \$20 for 25 minutes Sign up at the front desk.	WELLNESS CENTER HOURS Mondays 8:15-11:30 & 12:00-5:00 Tuesdays 6:30-11:30 & 12:00-3:00 Wednesdays 8:15-11:30 & 1:30-5:00 Thursdays 6:30-11:30 & 12:00-3:00 Fridays 8:15-11:30 & 12:00-2:00