


# LEGACY ESTATES

# Activities & Wellness Services

# NOVEMBER 2008

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Please sign up at front desk for all activities marked with **</p>	<p><b>MASSAGES</b> Saturdays 10:00am-1:00pm</p> <p>Sign up at the front desk. \$20 for 25 minutes</p>	<p><b>FITNESS CENTER HOURS</b> Monday &amp; Thursday 8:00-11:30am &amp; 12:30-3:00pm Tues., Wed., Fri. 8:00-11:30am Saturday 9:00-11:00am</p>	<p><b>ACTIVITY LOCATION KEY</b> P - Pub T - Theatre AR - Activities Room GDR - Grand Dining Room FSR - Fireside Room NS- Nurse's Station</p>			<p>1 10:30 BINGO (AR &amp; P) 1:30 Pitch (P) 1:30 Movie- <b>HOLIDAY</b> (T) 2:00 <b>Bundt Cake Treats</b> (AR)</p> <p><b>NE vs Oklahoma @ 7:00pm</b> (ESPN Ch. 34)</p>
<p>2 10:00 Catholic Communion (AR) 1:30 Movie - <b>HOLIDAY</b> (Ch 10) 2:00 Chapel with Indian Hills Church (AR) 4:00 <b>LINCOLN IN BLACK &amp; WHITE BY ED ZIMMER</b> (T)</p> <p><b>BRUNCH</b> 11:00-200</p> <p><b>DAYLIGHT SAVING TIME ENDS</b></p>	<p>3 10:15 Music Therapy (AR) 1:00 <b>VAN RIDE to FALLBROOK AREA**</b> 1:30 Men's Bridge (P) 1:30 <b>Election Celebration</b> (AR) 2:30 <b>Travelogue - BLUE PLANET - IMAX</b> (AR) 6:30 Pinochle (P)</p> <p><b>GOODWILL PICKUP</b></p>	<p>4 9:00 YOGA (AR) 10:30 BINGO (AR &amp; P) 1:00 Bridge (P) 1:00 Poker (P) 1:30 <b>Travelogue- BLUE PLANET- IMAX</b> (T) 2:00 <b>Wii Golf</b> (AR) 3:00 <b>Creative Dancing</b> (AR)</p> <p><b>ELECTION DAY</b></p>	<p>5 10:30 Card BINGO (AR) 10:30 <b>Shop @ WAL-MART**</b> 1:30 Pinochle (P) 1:30 POOL LEAGUE (P) 1:30 Movie- <b>FOR THE LOVE OF A DOG</b> (Ch 10) 1:30-3:00 <b>FREE Blood Pressure Checks</b> (P) 2:00 <b>Art Hour: Rubbings w/ Jean Martin</b> (AR) 6:30 <b>FRANK LLOYD at the Piano</b> (Lobby)</p>	<p>6 10:30 Kings on Corner (AR) 10:30 <b>RED HAT LUNCH @ BLACK CROW **</b> 1:30 Dominoes (P) 1:30 Movie- <b>FOR THE LOVE OF A DOG</b> (T) 2:00 <b>LCR Dice</b> (AR)</p>	<p>7 9:00-11:00 Nail Care (AR) 1:00-3:00 <b>FALL BOUTIQUE</b> (P) 1:00 Ladies' Bridge (Break Room) 1:00 YOGA (FC) 3:00 Rosary/Catholic Mass (AR)</p>	<p>8 9:00 <b>FREE EYEGLASS ADJUSTMENTS</b> (AR) 10:30 BINGO (AR &amp; P) 1:30 Movie - <b>HOOSIERS</b> (T) 1:30 Pitch (P)</p> <p><b>NE vs Kansas</b> (TBA)</p>
<p>9 10:00 Catholic Communion (AR) 1:30 Movie- <b>HOOSIERS</b> (Ch 10) 2:00 Chapel with Faith Bible Church (AR)</p>	<p>10 10:30 <b>Coffee &amp; Conversation</b> (AR) 1:30 Men's Bridge (P) 2:00 <b>UNO Card Game</b> (AR) 6:30 Pinochle (P)</p> <p><b>HORSESHOE CASINO**</b></p>	<p>11 9:00 YOGA (AR) 10:30 BINGO (AR &amp; P) 1:00 Poker (P) 1:00 Bridge (P) 2:00 <b>Veteran's Day Program</b> (GDR) 6:30 Cribbage (P) 7:00 <b>Music by SARABANDE JAZZ</b> (GDR)</p> <p><b>VETERANS DAY</b></p>	<p>12 10:30 Card BINGO (AR) 10:30 <b>Shop @ DOLLAR TREE**</b> 1:00 <b>VAN RIDE to CERESCO / DAVEY**</b> 1:30 Pinochle (P) 1:30 POOL LEAGUE (P) 1:30 Movie - <b>WHERE THE RED FERN GROWS</b> (Ch 10) 1:30 <b>Social Hour</b> (AR) 3:30 <b>HAPPY HOUR</b> (P)</p>	<p>13 10:30 Kings on Corner (AR) 12:00 <b>Resident Lunch From Honey Baked Ham Co. **</b> 1:30 Movie- <b>WHERE THE RED FERN GROWS</b> (T) 1:30 Dominoes (P) 2:00 <b>Aviation History Day</b> (AR) 2:30 <b>BOOK CLUB</b> (FSR) 6:30 Cribbage (P)</p>	<p>14 9:00-11:00 Nail Care (AR) 1:00 Ladies' Bridge (P) 1:00 YOGA (FC) 1:30 <b>OPEN POOL PLAY</b> (P) 1:30 <b>Auction</b> (AR) 3:00 Rosary/Catholic Mass (AR)</p>	<p>15 10:30 BINGO (AR) &amp; P) 1:30 Pitch (P) 1:30 Movie - <b>AMERICAN GRAFFITI</b> (T)</p> <p><b>NE vs Kansas State</b> (TBA)</p>
<p>16 10:00 Catholic Communion (AR) 1:30 Movie- <b>AMERICAN GRAFFITI</b> (Ch 10) 2:00 Bible Study with Indian Hills Church (AR)</p>	<p>17 10:15 Music Therapy (AR) 11:15 <b>Assisted Residents' Meeting</b> (AR) 1:30 <b>Independent Residents' Meeting</b> (GDR) 1:30 Men's Bridge (P) 2:00 <b>Travelogue - HIDDEN HAWAII</b> (AR) 6:30 Pinochle (P)</p>	<p>18 9:00 YOGA (AR) 10:30 BINGO (AR &amp; P) 11:30 <b>Men's Group to THE CUP **</b> 1:00 <b>PODIATRY CHECKS</b> (NS) 1:00 Poker (P) 1:00 Bridge (P) 1:30 <b>Travelogue- HIDDEN HAWAII</b> (T) 2:00 <b>Wii Bowling</b> (AR) 3:00 <b>Creative Dancing</b> (AR)</p>	<p>19 10:30 Card BINGO (AR) 11:00 <b>Shop @ RUSS'S MARKET**</b> 1:30 Movie - <b>THE RIDE</b> (Ch 10) 1:30 Pinochle (P) 1:30 POOL LEAGUE (P) 1:30 <b>Cook's Corner</b> (AR)</p>	<p>20 9:00 <b>PODIATRY CHECKS</b> (NS) 10:30 Kings on Corner (AR) 1:00 <b>VAN RIDE to THE BRIDGES**</b> 1:30 Movie - <b>THE RIDE</b> (T) 1:30 Dominoes (P) 1:15 <b>Wii Golf</b> (AR) 6:30 <b>Pet Therapy</b> (AR)</p>	<p>21 9:00-11:00 Nail Care (AR) 1:00 Ladies' Bridge (P) 1:00 YOGA (FC) 1:30 <b>OPEN POOL PLAY</b> (P) 1:30 <b>November Birthday Party w/ Music by MAC McCUNE &amp; DOROTHY APPLEBEE</b> (GDR) 3:00 Rosary/Catholic Mass (AR)</p>	<p>22 10:30 BINGO (AR &amp; P) 1:30 Movie- <b>OUT OF AFRICA</b> (T) 1:30 Pitch (P) 2:00 <b>The Journey to Nepal</b> Presentation (T)</p>
<p>23 10:00 Catholic Communion (AR) 1:30 Movie- <b>OUT OF AFRICA</b> (Ch 10)</p>	<p>24 10:30 <b>Coffee &amp; Conversation</b> (AR) 1:30 Men's Bridge (P) 1:30 <b>Crafting w/ Kelly</b> (AR) 6:30 Pinochle (P)</p>	<p>25 9:00 YOGA (AR) 10:30 BINGO (AR &amp; P) 1:00 Poker (P) 1:00 Bridge (P) 2:30 <b>Thanksgiving Tea</b> (P) 6:30 Cribbage (P)</p>	<p>26 10:30 Card BINGO (AR) 10:30 <b>Shop @ KOHL'S**</b> 1:00 <b>PODIATRY CHECKS</b> (NS) 1:30 Movie - <b>LUCKY SEVEN</b> (Ch 10) 1:30 Pinochle (P) 1:30 POOL LEAGUE (P) 1:30 <b>Make Turkey Cookies</b> (AR) 3:30 <b>New Resident Social</b> (P)</p>	<p>27 <b>THANKSGIVING DAY</b> <b>(NO ACTIVITIES)</b></p>  <p><b>Buffet 11:30-2:00pm</b></p>	<p>28 9:00-11:00 Nail Care (AR) 1:00 Ladies' Bridge (P) 1:00 YOGA (FC) 1:30 <b>OPEN POOL PLAY</b> (P) 2:30 <b>NE vs Colorado Football Party</b> (FSR, T, P, AR) 3:00 Rosary/Catholic Mass (AR)</p>	<p>29 10:30 BINGO (AR &amp; P) 1:30 Movie <b>INDIANA JONES &amp; THE LAST CRUSADE</b> (T) 1:30 Pitch (P) 2:00 <b>Cowboy Lingo Game</b> (AR)</p>
<p>30 10:00 Catholic Communion (AR) 1:30 Movie <b>INDIANA JONES &amp; THE LAST CRUSADE</b> (Ch 10) 2:00 Chapel with Christ Place Church (AR)</p>						